

CLOTAMUS KITCHEN MENU – OCTOBER 2017 to APRIL 2018

	WEEK1	WEEK 2	WEEK 3
MONDAY	SPAGHETTI BOLOGNAISE with PASTA & GARLIC BREAD PEAS & SWEETCORN	BEEF CHILLI with RICE & NACHOS PEAS & SWEETCORN	CHEESE, TOMATO AND HAM PIZZA BAKED BEANS/PEAS CUBED POTATOES
TUESDAY	ROAST CHICKEN with ROAST POTATOES & FRESH VEGETABLES <i>or</i> MACARONI CHEESE WITH GREEN SALAD	ROAST CHICKEN with ROAST POTATOES & FRESH VEGETABLES <i>or</i> MACARONI CHEESE WITH GREEN SALAD	ROAST CHICKEN with ROAST POTATOES & FRESH VEGETABLES <i>or</i> MACARONI CHEESE WITH GREEN SALAD
WEDNESDAY	CHICKEN WRAPS RICE SELECTION OF VEGETABLES	SAUSAGE MASHED POTATOES PEAS or BAKED BEANS	SAUSAGEMEAT SLICE CUBED POTATOES SWEETCORN or BAKED BEANS
THURSDAY	ROAST PORK & STUFFING with ROAST POTATOES, CARROTS & SWEETCORN <i>Or</i> JACKET POTATO WITH BEANS/CHEESE/FRESH GREEN SALAD	ROAST BEEF & YORKSHIRE PUDDING with ROAST POTATOES & FRESH VEGETABLES <i>or</i> JACKET POTATO WITH BEANS/CHEESE/FRESH GREEN SALAD	ROAST PORK & STUFFING with ROAST POTATOES, CARROTS & SWEETCORN <i>Or</i> JACKET POTATO WITH BEANS/CHEESE/FRESH GREEN SALAD
FRIDAY	CHEESE, TOMATO AND HAM PIZZA FISH FINGERS SAUSAGE CHIPS or PASTA BAKED BEANS or SWEETCORN	BEEF BURGER FISH STARS CHEESE & TOMATO PIZZA CHIPS or PASTA BAKED BEANS or SWEETCORN	HOTDOG FISH STARS BEEF BURGER CHIPS or PASTA BAKED BEANS or SWEETCORN

For dessert each day there is a selection of FRESH FRUIT from our new 'fruit/salad bar'
or one of the following options: baked cookie, chocolate/vanilla iced sponge, jelly or yoghurt.

In addition to the hot meals above we offer a GRAB BAG option each day. These consist of a soft ham or cheese roll,
a dessert from the counter and a snack (Mon – crisps, Tues – raisins, Wed – cheddars, Thu – snack-a-jack, Fri – fruit sticks).