

CLOTAMUS KITCHEN MENU – APRIL TO OCTOBER 2019

	WEEK1	WEEK 2	WEEK 3
MONDAY	<i>Breaded Fish with lemon, herb cubed potatoes and Garden peas/beans</i>	<i>Cottage Pie with seasonal vegetables</i>	<i>Toad out-of-the Hole mashed potatoes and seasonal vegetables</i>
TUESDAY	<i>Roast chicken with roast potatoes, Broccoli & peas</i> <i>Or Macaroni Cheese</i>	<i>Roast chicken with roast potatoes, Broccoli & peas</i> <i>Or Macaroni Cheese</i>	<i>Roast chicken with roast potatoes, Broccoli & peas</i> <i>Or Macaroni Cheese</i>
WEDNESDAY	<i>Chicken Tikka Massala with rice & naan bread Selection of vegetables</i>	<i>Sausagemeat slice with herb, cubed potatoes Selection of vegetables</i>	<i>Sweet and sour chicken with rice & prawn crackers Selection of vegetables</i>
THURSDAY	<i>Roast beef & yorkshire pudding with roast potatoes, carrots & sweetcorn</i> <i>Or JACKET POTATO with beans and/or cheese</i>	<i>Roast beef & yorkshire pudding with roast potatoes, carrots & sweetcorn</i> <i>Or JACKET POTATO with beans and/or cheese</i>	<i>Roast beef & yorkshire pudding with roast potatoes, carrots & sweetcorn</i> <i>Or JACKET POTATO with beans and/or cheese</i>
FRIDAY	<i>Cheese & tomato pizza / Beef burger in a bun with chips / pasta, Baked beans or sweetcorn</i>	<i>Hotdogs / Fishcakes with chips / pasta, Baked beans or sweetcorn</i>	<i>Beef burger in a roll / Fishfingers with chips / pasta, Baked beans or sweetcorn</i>

Every day we offer a lovely choice of fresh fruit and/or fruit salad from our *FRUIT BAR*.

In addition to our fruit bar, we also offer one of the following dessert choices each day: fruit yoghurt, baked cookie, blueberry muffin, chocolate sponge, ice-lolly or fruit jelly.

If your child would prefer a GRAB BAG option, they consist of a soft ham or cheese roll, a piece of fruit or dessert from the counter and a snack (Mon – fruit winder, Tues – cheese puffs, Wed – crisps, Thu – Babybel, Fri – sultanas).