

Update

Pulford VA Lower School, Pulford Road, Leighton Buzzard, LU7 1AB
01525 372188 office@pulford.cbeds.co.uk www.pulford.beds.sch.uk

Friday 8th February 2019

'Come to me, all you who are weary and burdened, and I will give you rest.' Matthew 11 v 28

*Thank you to all those who came to our Candlemas Service on Wednesday. I am sure you will agree it was a beautiful service. The children did really well and it provided some calm after a busy start to the day. May I just remind everyone that Pulford's ethos is that we stay 'open for business' therefore nothing will be posted on our website/Facebook unless we were to close. I would only take the decision to do that if no other solution could be reached. If that ever occurred we would add 'closed' to our website and Facebook page in the first instance. Please be assured that the Pulford Staff Team are extremely resourceful and we will continue to do all that we can (mainly behind the scenes) for us to stay open. I would like to take this opportunity to say thank you to all our staff for going 'over and above' to make Pulford what it is and also for all the parent support we have received over these last two weeks. It is very much appreciated.
Have a good half term - Dave.*

1. Inter-school Gymnastics Competition: This week, 6 of our KS2 children took part in Pulford's first Gymnastics and they performed to a high standard – against the small schools of the town they came 2nd place! Well done to Maisie, Joe, Anika, Rosie, Harry and Evie!

2. Parents Evening Sign-Up: If you are yet to sign up for parents evening taking place after half term, please either call in to the front office or phone/email for a space when we return on Monday 18th February 2019.

3. World Book Day Thursday 7th March 2019: This year the theme to World Book Day is 'Share a Story' and we ask that the children come in dressed up as their favourite book character and to donate £1 to charity. If there are any parents that would like to come in to school and read their favourite story to the children and are free on the day between 2.00pm – 3.00pm we would love to hear from you! Sorry no siblings can come along. Just drop the school an email with your name and we will arrange a suitable audience!

4. Children's Mental Health Week – Tips For Parents: Following Children's Mental Health Week is a good time to get talking about how you can help boost a child's self-esteem. Here's some advice on things you can say and small changes you can make as a family to help your child feel more confident and self-assured as they develop at different ages. *Get your child to look at their strengths and interests.* At this young age, your child is unlikely to understand what is meant by the term self-esteem or have any experience of using social media just yet. Now is a good time to ask them what things make them feel good about themselves, like what they enjoy doing in their spare time and the things they think they're good at. Make it a family challenge where each person has to come up with three things they like about themselves and three things they enjoy doing - moving the focus away from appearances and towards achievements. At this age, your child may start to be influenced by their friends' interests - music, sports, clothes - and anything that may be trending. Ask them what they think makes them different from their friends. Make it clear that it's a good thing to pursue their own interests and hobbies even if they're not the same as their friends'. Reassure your child that they don't need to worry about what other people think — if an activity makes them feel good about themselves, that's all that matters! Thank you for donating to CHUMS today – the current total raised is **£226.80 - AMAZING!**

5. Red Nose Day 15th March 2019: This year the school council have arranged to purchase Red Noses for all of the children. Please be aware that the children will still be coming in to school in their uniform. The price of the noses are now £1.25 – please bring in the money on the day and the noses will be given to the children at the end of the school day.

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6. Pringle Type Tubes Needed! If you have any full size tubes, please can you bring them in to school for Pre-School. With thanks – Mrs Crockett.

7. Further Fundraising For School: If you are yet to book your summer break and would like to help raise funds for school, please click on the following link to book your ideal break!

<https://pit.notjusttravel.com/pulford-lower-school/> Please make sure it falls within the school holidays that can be found on the school website under 'Diary Dates'.

8. Dogs For Good Charity Walk: On the weekend of the 4th-5th May 2019, Mr Hinchliff from Little Saints, will be walking 106km (66miles) around the Isle of Wight in under 34hrs to help raise funds for the charity Dogs For Good. If you would like to sponsor him and help reach the £500 target please visit his Just Giving page <https://www.justgiving.com/fundraising/damian-hinchliff3> Many thanks!

8. Healthy Body, Healthy Mind: UPDATE on where the children could have walked to. We are definitely going places this half term! Please take the time to look at the maps with your child/ren – where would you prefer to go?

